

# Shopping List / Equipment list

## **Running**

### *Equip*

Red, Yellow, Green cones

Hula hoops

Quoit

Cones

Bean Bags

NB: for the funny faces game

can cut them from cardboard

area and players must make

## **Kicking**

### *Equip*

Football or any ball

Cones

A4 Sheets & Twistables /

Skittles

## **Throwing**

### *Equip*

Tennis Balls

Small (Size 1) Balls

skittles / Cones

cones

## **Balancing**

### *Equip*

Skipping rope

Ground Chalk

Anything from the toy room

## **Landing**

### *Equip*

cones

agility poles

Hula Hoop / Skipping rope

Elastic bands

## **Traditional School Sports**

### *Equip*

Desert spoons

egg

Black sack / turf bag

Twister mat  
Ball

*Household Alternative*

Circles cut from cereal box coloured red, yellow, green

Skipping Rope / Rope

Circles cut from Cardboard

Paper plates

Rolled-up socks / Clean socks filled with rice

ame, the children could make the faces, colour them in  
oard. The pieces could then be mixed up in the playing  
like the face from this. It could add to the fun.

*Household Alternative*

Cans of beans, Cereal boxes, Toy boxes

Crayons

used 2L Water bottles

*Household Alternative*

Used 2L bottles

Toy cars, teddies, books standing on their edge

*Household Alternative*

m, Kitchen or Garage for the Obstacle course

*Household Alternative*

water bottles

Brush / Mop

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**ts**

*Household Alternative*

Coloured ground chalk / Coloured paper plates  
teddy bear / Rolled up pair of socks